

Atoms and photons

Chapter 2

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Outline

1 Interaction Hamiltonian

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- 3 Classical field and free atom

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- 5 Optical Bloch equations
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Interaction Hamiltonian

We consider a single electron atom (Hydrogen). The free Hamiltonian is:

$$H_0 = \frac{P^2}{2m} + qU(\mathbf{R}) \quad (1)$$

\mathbf{P} and \mathbf{R} : momentum and position operators. Eigenstates $H_0 |i\rangle = E_i |i\rangle$,
ground state $|g\rangle$

Atom in a radiation field (potential vector $\mathbf{A}(\mathbf{r}, t)$, scalar potential $\mathbf{V}(\mathbf{r}, t)$):

$$H = \frac{1}{2m} (\mathbf{P} - q\mathbf{A}(\mathbf{R}, t))^2 + qU(\mathbf{R}) + qV(\mathbf{R}) \quad (2)$$

Note that $\mathbf{A}(\mathbf{R}, t)$ is an operator in the electron's Hilbert space.

Interaction Hamiltonian

Gauge choice

Gauge transformation

$$\begin{aligned}\mathbf{A}' &\rightarrow \mathbf{A} = \mathbf{A}' + \nabla\chi(\mathbf{r}, t) \\ V' &\rightarrow V = V' - \frac{\partial\chi}{\partial t}\end{aligned}\quad (3)$$

where χ is an arbitrary function of space and time.

Coulomb gauge

$$\nabla \cdot \mathbf{A} = 0 \quad (4)$$

Interaction Hamiltonian

Fourier space

Space-time Fourier transform

$$\mathbf{A}(\mathbf{r}, t) = \frac{1}{4\pi^2} \int \mathcal{A}(\mathbf{k}, \omega) e^{i(\mathbf{k}\cdot\mathbf{r} - \omega t)} d\mathbf{k} d\omega \quad (5)$$

Longitudinal and transverse potentials w.r.t. \mathbf{k} :

$$\mathcal{A}(\mathbf{k}, \omega) = \mathcal{A}_{\parallel} + \mathcal{A}_{\perp} \quad (6)$$

Hence:

$$\mathbf{A}(\mathbf{k}, \omega) = \mathbf{A}_{\parallel} + \mathbf{A}_{\perp} \quad (7)$$

Space-time Fourier transform of $\nabla \cdot \mathbf{A}$: $i\mathbf{k} \cdot \mathcal{A}$. Coulomb:

$$\mathcal{A}_{\parallel} = \mathbf{A}_{\parallel} = 0 \quad (8)$$

Interaction Hamiltonian

Fourier space

Same decomposition for fields. Transverse electric field, since divergence-free as \mathbf{A} in the Coulomb gauge. With

$$\mathbf{E} = -\frac{\partial \mathbf{A}}{\partial t} - \nabla V \quad (9)$$

and the fact that ∇V is longitudinal (proportional to \mathbf{k} in Fourier space)

$$\nabla V = 0 \quad (10)$$

and (no physical effect of a constant potential)

$$V = 0 \quad (11)$$

Interaction Hamiltonian

$\mathbf{A} \cdot \mathbf{P}$ interaction

Expansion of $(\mathbf{P} - q\mathbf{A}(\mathbf{R}, t))^2$ taking care of the commutation of \mathbf{P} with \mathbf{A} . Noting:

$$[P_i, f(\mathbf{R})] = -i\hbar \frac{\partial f}{\partial R_i} \quad i \in \{x, y, z\} \quad (12)$$

$$\sum_i [P_i, A_i] = -i\hbar \sum_i \frac{\partial A_i}{\partial R_i} = -i\hbar \nabla \cdot \mathbf{A} = 0 \quad (13)$$

$$\mathbf{P} \cdot \mathbf{A} = \sum_i P_i A_i = \sum_i A_i P_i = \mathbf{A} \cdot \mathbf{P} \quad (14)$$

And finally

$$H = \frac{P^2}{2m} + qU(\mathbf{R}) - \frac{q}{m} \mathbf{P} \cdot \mathbf{A} + \frac{q^2}{2m} \mathbf{A} \cdot \mathbf{A} \quad (15)$$

Weak fields (much lower than atomic field unit, 10^{11} V/m), $\mathbf{A} \cdot \mathbf{A}$ quadratic term negligible compared to first order contribution.

$$H = H_0 - \frac{q}{m} \mathbf{P} \cdot \mathbf{A}(\mathbf{R}, t) . \quad (16)$$

Interaction Hamiltonian

$\mathbf{A} \cdot \mathbf{P}$ interaction: dipole approximation

- Radiation wavelength: about $1 \mu\text{m}$
- Atomic size: about 100 pm
- Neglect spatial variation of the vector potential across atomic orbit:
 $\mathbf{A}(\mathbf{R}, t) = \mathbf{A}(0, t)$

$$H = H_0 - \frac{q}{m} \mathbf{P} \cdot \mathbf{A}(0, t) , \quad (17)$$

Useful, but not the intuitive form for the interaction of a dipole with a field.

Interaction Hamiltonian

$\mathbf{D} \cdot \mathbf{E}$ interaction

Cast the interaction Hamiltonian in the more familiar form $-\mathbf{d} \cdot \mathbf{E}$ (interaction energy of a dipole with a field, manifestly independent of the gauge choice). Two possible (and equivalent) approaches

- 1 The Göppert-Mayer transformation
- 2 Unitary transformation on the Hilbert space

Interaction Hamiltonian

The Göppert-Mayer transformation

Restart from full Hamiltonian

$$H = \frac{1}{2m} (\mathbf{P} - q\mathbf{A}(\mathbf{R}, t))^2 + qU(\mathbf{R}) + qV(\mathbf{R}) \quad (18)$$

and perform dipole approximation first. For the vector potential

$$\mathbf{A}(\mathbf{R}, t) = \mathbf{A}(0, t) \quad (19)$$

and (keeping first order)

$$V = V(0, t) + \mathbf{R} \cdot \nabla V(0, t) \quad (20)$$

The space-independent term in V has no effect

$$H = H_0 - \frac{q}{m} \mathbf{P} \cdot \mathbf{A}(0, t) + \mathbf{D} \cdot \nabla V \quad (21)$$

with

$$\mathbf{D} = q\mathbf{R} \quad (22)$$

Interaction Hamiltonian

The Göppert-Mayer transformation

Perform a gauge transformation:

$$\begin{aligned}\mathbf{A} &\rightarrow \mathbf{A}' = \mathbf{A} + \nabla\chi(\mathbf{r}, t) \\ V &\rightarrow V' = V - \frac{\partial\chi}{\partial t}\end{aligned}\quad (23)$$

and choose

$$\chi(\mathbf{r}, t) = -\mathbf{r} \cdot \mathbf{A}(0, t) \quad (24)$$

so that $\mathbf{A}'(0, t) = 0$. Then

$$V' = V + \mathbf{r} \cdot \frac{\partial\mathbf{A}(0, t)}{\partial t} \quad (25)$$

$$\nabla V'(0) = \nabla V(0) + \frac{\partial\mathbf{A}(0, t)}{\partial t} = -\mathbf{E}(0) \quad (26)$$

$$H = H_0 - \mathbf{D} \cdot \mathbf{E}(0) \quad (27)$$

Interaction Hamiltonian

Unitary transform approach

Restart from full Hamiltonian

$$H = \frac{1}{2m} (\mathbf{P} - q\mathbf{A}(\mathbf{R}, t))^2 + qU(\mathbf{R}) + qV(\mathbf{R}) \quad (28)$$

Switch to Coulomb gauge (no V contribution left) and perform dipole approximation $\mathbf{A}(\mathbf{r}, t) = \mathbf{A}(0, t)$

$$H = \frac{1}{2m} (\mathbf{P} - q\mathbf{A}(0, t))^2 + qU(\mathbf{R}) \quad (29)$$

Unitary transform $|\Psi\rangle \rightarrow |\tilde{\Psi}\rangle = T|\Psi\rangle$ ($T^\dagger T = \mathbb{1}$). Transformed Hamiltonian

$$\tilde{H} = THT^\dagger + i\hbar \frac{dT}{dt} T^\dagger \quad (30)$$

Interaction Hamiltonian

Unitary transform approach

Choose T as a time-dependent translation of the momentum:

$$T\mathbf{P}T^\dagger = \mathbf{P} + q\mathbf{A}(0, t) \quad (31)$$

$$T = e^{-\frac{i}{\hbar}q\mathbf{R}\cdot\mathbf{A}(0, t)} = e^{-\frac{i}{\hbar}\mathbf{D}\cdot\mathbf{A}(0, t)} \quad (32)$$

Hence

$$T(\mathbf{P} - q\mathbf{A}(0, t))^2 T^\dagger = \mathbf{P}^2 \quad (33)$$

and

$$i\hbar\frac{dT}{dt}T^\dagger = \mathbf{D} \cdot \frac{d\mathbf{A}(0, T)}{dt} = -\mathbf{D} \cdot \mathbf{E}(0, t) \quad (34)$$

Finally,

$$\tilde{H} = H_0 - \mathbf{D} \cdot \mathbf{E}(0) \quad (35)$$

Interaction Hamiltonian

Unitary transform approach

We get a transformed Hamiltonian in the $\mathbf{D} \cdot \mathbf{E}$ form, with a linear atom-field coupling.

We have not performed the weak field approximation to remove the $\mathbf{A} \cdot \mathbf{A}$ term in the Hamiltonian. Where is the magic?

The observables of the electron should be changed

$$O \rightarrow T O T^\dagger \quad (36)$$

and this change contains non linear terms in \mathbf{A} . It is only for weak fields that these terms can be neglected.

Non-resonant interaction

A simple situation:

- An atom initially in the ground state
- A weak non-resonant field so that the atom is always nearly in its ground state
- A perturbative solution to the Schrödinger equation

Recover, mutatis mutantis, all the results of the previous chapter with the harmonically bound electron model

Non-resonant interaction

Model

Incoming plane wave:

$$\mathbf{E}(0, t) = E_0 \mathbf{u}_z \cos \omega t \quad (37)$$

Hamiltonian

$$H = H_0 + H_1 \quad (38)$$

with

$$H_1 = -qZE_0 \cos \omega t \quad (39)$$

Interaction representation w.r.t. H_0

$$\tilde{H} = U_0^\dagger H_1 U_0 \quad \text{with} \quad U_0 = \exp(-iH_0 t/\hbar) \quad (40)$$

Non-resonant interaction

Model

Expansion of the wave function over the eigenstates of H_0 :

$$|\tilde{\Psi}\rangle = \sum_j \beta_j |j\rangle \quad (41)$$

Injection in the Schrödinger equation and scalar product with $\langle k|$

$$i\hbar \frac{d\beta_k}{dt} = \sum_j \langle k| U_0^\dagger H_1 U_0 |j\rangle \beta_j \quad (42)$$

With $U_0 |j\rangle = \exp(-i\omega_j t) |j\rangle$, $\omega_j = E_j/\hbar$ and $\omega_{kj} = \omega_k - \omega_j$ (Bohr frequency)

$$\frac{d\beta_k}{dt} = -\frac{qE_0}{i\hbar} \sum_j e^{i\omega_{kj}t} \langle k| Z |j\rangle \beta_j \cos \omega t \quad (43)$$

Set of coupled first-order differential equations

Non-resonant interaction

Perturbative solution

Weak, non-resonant field. The atom is nearly in its ground state. Replace β_g by one (and all others by zero) in the r.h.s of the system

$$\frac{d\beta_k}{dt} \approx -\frac{qE_0}{i\hbar} e^{i\omega_{kg}t} \langle k|Z|g\rangle \cos\omega t \quad (44)$$

with the explicit solution

$$\beta_k(t) = \frac{qE_0}{2\hbar} \langle k|Z|g\rangle \left[\frac{e^{i(\omega_{kg}+\omega)t} - 1}{\omega_{kg} + \omega} + \frac{e^{i(\omega_{kg}-\omega)t} - 1}{\omega_{kg} - \omega} \right] \quad (45)$$

Resonances (and divergences) as expected at $\omega = \pm\omega_{kg}$ when $\langle k|Z|g\rangle$ does not vanish (selection rules). To compute the dipole, we return to the initial representation

$$|\Psi\rangle = \sum_k \beta_k e^{-i\omega_k t} |k\rangle \quad (46)$$

Non-resonant interaction

Comparison with classical model

Average dipole $\mathbf{D} = qZ\mathbf{u}_z = D\mathbf{u}_z$ (to be compared with the classical dipole)

$$\langle D \rangle = \sum_{\ell, k} \beta_{\ell}^* \beta_k e^{-i\omega_{k\ell} t} \langle \ell | qZ | k \rangle \quad (47)$$

Keeping only the first-order terms in the small β_k , $k \neq g$, amplitudes

$$\langle D \rangle = \sum_k \beta_k e^{-i\omega_{kg} t} \langle g | qZ | k \rangle + \text{c.c.} \quad (48)$$

$$\langle D \rangle = \frac{q^2 E_0}{2\hbar} \sum_k |\langle g | Z | k \rangle|^2 \left[\frac{e^{i\omega t} - e^{-i\omega_{kg} t}}{\omega_{kg} + \omega} + \frac{e^{-i\omega t} - e^{-i\omega_{kg} t}}{\omega_{kg} - \omega} + \text{c.c.} \right] \quad (49)$$

Non-resonant interaction

Comparison with classical model

Dipole contains terms oscillating permanently at the Bohr frequencies. They are an artifact of the model (transients damped in a more realistic model)

$$\langle D \rangle = \frac{q^2 E_0}{2\hbar} \sum_k |\langle g | Z | k \rangle|^2 \left[\frac{e^{i\omega t}}{\omega_{kg} + \omega} + \frac{e^{-i\omega t}}{\omega_{kg} - \omega} + \text{c.c.} \right] \quad (50)$$

Real quantum polarizability:

$$\langle D \rangle = \epsilon_0 \alpha_Q(\omega) E_0 \cos \omega t \quad (51)$$

$$\alpha_Q(\omega) = \frac{2q^2}{\hbar \epsilon_0} \sum_k |\langle g | Z | k \rangle|^2 \frac{\omega_{kg}}{\omega_{kg}^2 - \omega^2} \quad (52)$$

Non-resonant interaction

Comparison with classical model

Classical polarizability (ω_0 : resonance frequency)

$$\alpha_c(\omega, \omega_0) = \frac{q^2}{m\epsilon_0} \frac{1}{\omega_0^2 - \omega^2} \quad (53)$$

Hence

$$\alpha_Q(\omega) = \sum_k f_{kg} \alpha_c(\omega, \omega_{kg}) \quad (54)$$

with

$$f_{kg} = \frac{2m\omega_{kg}}{\hbar} |\langle g | Z | k \rangle|^2 \quad (55)$$

being the (real) oscillator strength

Non-resonant interaction

Oscillator strength sum rule

Rewrite

$$f_{kg} = \frac{2m\omega_{kg}}{\hbar} \langle g | Z | k \rangle \langle k | Z | g \rangle \quad (56)$$

Noting

$$[Z, H_0] = \frac{i\hbar}{m} P_z, \quad (57)$$

$$\langle k | P_z | g \rangle = \frac{m}{i\hbar} \langle k | ZH_0 - H_0Z | g \rangle = -\frac{m\omega_{kg}}{i} \langle k | Z | g \rangle \quad (58)$$

Hence

$$f_{kg} = \frac{2}{i\hbar} \langle g | Z | k \rangle \langle k | P_z | g \rangle \quad (59)$$

Non-resonant interaction

Oscillator strength sum rule

Summing over k introduces a closure relation

$$\sum_k f_{kg} = \frac{2}{i\hbar} \langle g | ZP_z | g \rangle \quad (60)$$

f_{kg} being real, the r.h.s is equal to the half sum with its conjugate

$$\sum_k f_{kg} = \frac{1}{i\hbar} \langle g | ZP_z - P_z Z | g \rangle = 1 \quad (61)$$

A simple sum rule for the oscillator strengths

Non-resonant interaction

Comparison with classical model

In this picture, an atomic medium of numeric density N appears as a mixture of classical harmonically bound electrons with resonance frequencies ω_{kg} and densities Nf_{kg} . All our conclusions on the propagation of light in the classical medium thus retain their validity in this perturbative semi-classical model. This property explains why the naive harmonically bound electron leads to realistic predictions.

A two-level system

Consider now the case of a radiation resonant on the transition between between the two levels $|g\rangle$ (lower, possibly ground level) and $|e\rangle$ i.e.

$$\omega_0 = \omega_{eg}$$

All other levels can be neglected. Boils down to the interaction of a classical field with a spin $1/2$ system.

Classical field and free atom

Atomic system

Two states $|e\rangle$ and $|g\rangle$ or $|+\rangle$ and $|-\rangle$ or $|0\rangle$ and $|1\rangle$ in quantum information science.

Operator basis set: Pauli operators

$$\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \quad (62)$$

$$[\sigma_x, \sigma_y] = 2i\sigma_z \quad (63)$$

Spin lowering and raising operators

$$\sigma_+ = |+\rangle \langle -| = \frac{\sigma_x + i\sigma_y}{2} = \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix} \quad (64)$$

$$\sigma_- = |-\rangle \langle +| = \sigma_+^\dagger = \frac{\sigma_x - i\sigma_y}{2} = \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix} \quad (65)$$

$$[\sigma_z, \sigma_\pm] = \pm 2\sigma_\pm \quad (66)$$

Classical field and free atom

Atomic system

Most general observable $\sigma_{\mathbf{u}}$ with $\mathbf{u} = (\sin \theta \cos \phi, \sin \theta \sin \phi, \cos \theta)$

$$\sigma_{\mathbf{u}} = \begin{pmatrix} \cos \theta & \sin \theta e^{-i\phi} \\ \sin \theta e^{i\phi} & -\cos \theta \end{pmatrix} \quad (67)$$

Eigenvectors

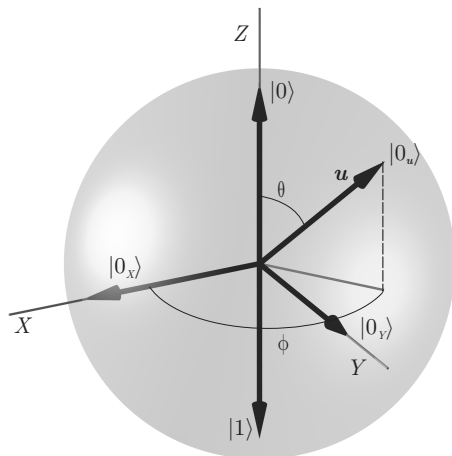
$$|+\mathbf{u}\rangle = |0_{\mathbf{u}}\rangle = \cos \frac{\theta}{2} |+\rangle + \sin \frac{\theta}{2} e^{i\phi} |-\rangle \quad (68)$$

$$|-\mathbf{u}\rangle = |1_{\mathbf{u}}\rangle = -\sin \frac{\theta}{2} e^{-i\phi} |+\rangle + \cos \frac{\theta}{2} |-\rangle \quad (69)$$

Classical field and free atom

Atomic system

Bloch sphere



Classical field and free atom

Atomic system

Rotation on the Bloch sphere by an angle θ around the axis defined by \mathbf{v}

$$R_{\mathbf{v}}(\theta) = e^{-i(\theta/2)\sigma_{\mathbf{v}}} = \cos \frac{\theta}{2} \mathbf{1} - i \sin \frac{\theta}{2} \sigma_{\mathbf{v}} \quad (70)$$

e.g. angle θ around \mathbf{u}_z

$$R_z(\theta) = \begin{pmatrix} e^{-i\theta/2} & 0 \\ 0 & e^{i\theta/2} \end{pmatrix} \quad (71)$$

with $R_z(\pi/2) |+_x\rangle = |+_y\rangle$ and $R_{\mathbf{v}}(2\pi) = -\mathbf{1}$

Classical field and free atom

Atomic Hamiltonian and observables

- Hamiltonian:

$$H_0 = \frac{\hbar\omega_{eg}}{2}\sigma_z \quad (72)$$

Generates a rotation of the Bloch vector at angular frequency ω_{eg} around Oz (Larmor precession in the NMR context).

- Dipole operator:

$$\mathbf{D} = \begin{pmatrix} 0 & \mathbf{d} \\ \mathbf{d}^* & 0 \end{pmatrix} = \mathbf{d}\sigma_x = \mathbf{d}(\sigma_+ + \sigma_-) \quad (73)$$

where \mathbf{d} describes the polarization of the atomic transition. A priori complex, but taken as real for the sake of simplicity.

- Incoming field $\mathbf{E}(0, t) = \mathbf{E}_0 \cos(\omega t + \varphi)$. We note

$$E_1 = E_0 e^{-i\varphi} \quad (74)$$

Classical field and free atom

Atomic Hamiltonian and observables

Atom-field Hamiltonian:

$$H_1 = -\mathbf{d} \cdot \mathbf{E}_0 \cos(\omega t + \varphi) \sigma_x \quad (75)$$

$$H_1 = -\hbar\Omega \cos(\omega t + \varphi) \sigma_x \quad (76)$$

with definition of the 'Rabi frequency'

$$\Omega = \frac{\mathbf{d} \cdot \mathbf{E}_0}{\hbar} \quad (77)$$

Remove time dependence?

Classical field and free atom

Rabi precession

Introduce $H'_0 = \hbar\omega\sigma_z/2$ (inducing a spin precession at the field frequency) so that

$$H = H'_0 + \frac{\hbar\Delta}{2}\sigma_z + H_1 \quad (78)$$

with

$$\Delta = \omega_{eg} - \omega, \quad (79)$$

Interaction representation w.r.t. H'_0 , defined by $U'_0 = \exp(-iH'_0 t/\hbar)$.

$$\tilde{H} = U'^{\dagger}_0 H_1 U'_0 \quad (80)$$

σ_z part of H_1 unchanged (commutes with the evolution operator) but

$$\tilde{\sigma}_{\pm} = U'^{\dagger}_0 \sigma_{\pm} U'_0 \quad (81)$$

Classical field and free atom

Rabi precession

Using the Baker-Hausdorff lemma:

$$e^B A e^{-B} = A + [B, A] + \frac{1}{2!} [B, [B, A]] + \dots \quad (82)$$

with $B \propto \sigma_z$ and $\sigma_+ = A$

$$\tilde{\sigma}_+ = \sigma_+ + i\omega t \sigma_+ + (i\omega t)^2 \sigma_+ + \dots = e^{i\omega t} \sigma_+ \quad (83)$$

and, by hermitic conjugation

$$\tilde{\sigma}_- = e^{-i\omega t} \sigma_- \quad (84)$$

$$\tilde{H} = \frac{\hbar\Delta}{2} \sigma_z - \frac{\hbar\Omega}{2} \left(e^{i(\omega t + \varphi)} + e^{-i(\omega t + \varphi)} \right) \left(e^{i\omega t} \sigma_+ + e^{-i\omega t} \sigma_- \right) \quad (85)$$

Two rapidly oscillating terms, and two constant ones.

Classical field and free atom

Rabi precession

Rotating wave approximation (RWA): neglect terms oscillating rapidly in \tilde{H}

$$\tilde{H} = \frac{\hbar\Delta}{2}\sigma_z - \frac{\hbar\Omega}{2}(\sigma_+ e^{-i\varphi} + \sigma_- e^{i\varphi}) = \frac{\hbar\Delta}{2}\sigma_z - \frac{\hbar\Omega}{2}(\sigma_x \cos \varphi + \sigma_y \sin \varphi) \quad (86)$$

$$H = \frac{\hbar\Omega'}{2}\sigma_{\mathbf{n}} \quad (87)$$

with

$$\mathbf{n} = \frac{\Delta \mathbf{u}_z - \Omega \cos \varphi \mathbf{u}_x - \Omega \sin \varphi \mathbf{u}_y}{\Omega'} \quad (88)$$

and

$$\Omega' = \sqrt{\Omega^2 + \Delta^2} \quad (89)$$

Hence,

$$U(t) = e^{-i(\Omega' t/2)\sigma_{\mathbf{n}}} = R_{\mathbf{n}}(\theta) \quad (90)$$

with

$$\theta = \Omega' t \quad (91)$$

Classical field and free atom

Rabi precession

Resonant case: rotation around an axis in the equatorial plane

$\mathbf{n} = -\cos \varphi \mathbf{u}_x - \sin \varphi \mathbf{u}_y$. Choosing g as the initial state

$$p_e(t) = \frac{1 - \cos(\Omega t)}{2} \quad (92)$$

Rabi oscillation. Some particular pulses:

- ' $\pi/2$ pulse', i.e. $t = \pi/2\Omega$. Evolution operator

$$R_{\mathbf{n}}(\pi/2) = \frac{1}{\sqrt{2}}(\mathbb{1} - i\sigma_{\mathbf{n}}) = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & ie^{-i\varphi} \\ ie^{i\varphi} & 1 \end{pmatrix} \quad (93)$$

$$\begin{aligned} |g\rangle &\longrightarrow \frac{1}{\sqrt{2}} (|g\rangle + ie^{-i\varphi} |e\rangle) \\ |e\rangle &\longrightarrow \frac{1}{\sqrt{2}} (|e\rangle + ie^{i\varphi} |g\rangle) \end{aligned} \quad (94)$$

Classical field and free atom

Rabi precession

- $\Omega t = \pi$ (π -pulse) exchange of levels
- $\Omega t = 2\pi$ (2π pulse) global – sign associated to a 2π rotation of a spin-1/2.

General case: rotation is around an axis making a non-trivial angle α (given by $\tan \alpha = \Omega'/\Delta$) with the downwards z axis. When starting from $|g\rangle$ the maximum excitation probability is

$$p_{e,m} = \frac{\Omega^2}{\Omega^2 + \Delta^2} \quad (95)$$

- Lorentzian resonance
- Width of order of π/τ for a given interrogation time τ

(no limit to the spectroscopic resolution since relaxation processes are not taken into account)

Classical field and free atom

Ramsey separated oscillatory fields method

Two short $\pi/2$ quasi-resonant pulses separated by a long time interval T . Assume $\varphi = -\pi/2$. The pulses induce the transformations:

$$|e\rangle \longrightarrow \frac{1}{\sqrt{2}} (|e\rangle + |g\rangle) \quad (96)$$

$$|g\rangle \longrightarrow \frac{1}{\sqrt{2}} (-|e\rangle + |g\rangle) \quad (97)$$

Starting from $|g\rangle$, after pulse 1, atom is in state $|\Psi(\tau)\rangle = (1/\sqrt{2})(-|e\rangle + |g\rangle)$.

Classical field and free atom

Ramsey separated oscillatory fields method

During time T , the atom evolves under the Hamiltonian $(\hbar\Delta/2)\sigma_z$ and hence $|e\rangle \rightarrow \exp(-i\Phi/2)|e\rangle$ and $|g\rangle \rightarrow \exp(i\Phi/2)|g\rangle$, with $\Phi = \Delta t$.
State immediately before pulse 2, within an irrelevant global phase:

$$|\Psi(T)\rangle = \frac{1}{\sqrt{2}} \left(-|e\rangle + e^{i\Phi} |g\rangle \right) \quad (98)$$

Final state

$$|\Psi_f\rangle = -\frac{1}{2} \left[\left(1 + e^{i\Phi}\right) |e\rangle + \left(1 - e^{i\Phi}\right) |g\rangle \right] \quad (99)$$

$$p_e = \frac{1}{4} \left(1 + e^{i\Phi}\right)^2 = \frac{1}{2} (1 + \cos \Delta T) \quad (100)$$

(note that $p_e = 1$ for $\Delta = 0$: addition of two in-phase $\pi/2$ pulses).

Measurement of p_e provides a spectroscopic resolution of the order of $1/T$.

Classical field and free atom

Ramsey separated oscillatory fields method

Signal to noise discussion: N independent atoms undergoing the same Ramsey sequence

$$\langle N_e \rangle = \frac{N}{2}(1 + \cos \Phi) \quad (101)$$

with $\Phi = \Delta T$. Variance

$$\Delta^2 N_e = N p_e (1 - p_e) = \frac{N}{4} \sin^2 \Phi \quad (102)$$

and hence

$$\Delta N_e = \frac{\sqrt{N}}{2} \sin \Phi \quad (103)$$

Two measurements for Δ and $\Delta + \delta$, with $\delta \ll 1/T$.

$$\langle N_e(\Delta + \delta) \rangle = \langle N_e(\Delta) \rangle - \frac{NT}{2} \delta \sin \Delta T \quad (104)$$

Classical field and free atom

Ramsey separated oscillatory fields method

Resolve the small detuning increment δ if

$$\frac{NT}{2} \delta \sin \Delta T > \sqrt{2} \frac{\sin \Delta T}{2} \sqrt{N} \quad (105)$$

or

$$\delta > \frac{\sqrt{2}}{T\sqrt{N}} \quad (106)$$

A more precise estimate of the spectroscopic sensitivity of the method. Amusingly independent of the interferometer phase. Ranges as \sqrt{N} as expected for independent measurements.

Atomic relaxation

- Take into account spontaneous emission
- Take into account all other sources of damping
- Take into account fluctuating fields acting on the atom
- An opportunity to introduce the formal treatment of relaxation in quantum mechanics in a rather general frame: the Kraus operators and the Lindblad master equation

Atomic relaxation

System and environment

- Quantum system \mathcal{S} (the atom here) coupled to an environment \mathcal{E} . Jointly in a pure state $|\Psi_{\mathcal{S}\mathcal{E}}\rangle$.
- We are interested only in $\rho_{\mathcal{S}}$, obtained by tracing the projector $|\Psi_{\mathcal{S}\mathcal{E}}\rangle\langle\Psi_{\mathcal{S}\mathcal{E}}|$ over the environment (the state of the environment is forever inaccessible).
- We seek an evolution equation for $\rho_{\mathcal{S}}$ alone.

Atomic relaxation

Kraus operators

- Transformation of the system's density matrix during a short time interval

$$\rho(t) \longrightarrow \rho(t + \tau) \quad (107)$$

- $\tau \gg \tau_C$, correlation time of the reservoir observables, so that there are no coherent effects in the system-reservoir interaction
- This transformation is a 'quantum map'

$$\mathcal{L}(\rho(t)) = \rho(T + \tau) \quad (108)$$

Atomic relaxation

Kraus operators

Mathematical properties of a proper quantum map:

- Linear operation, i.e. a super-operator in a space of dimension N_S^2 (N_S system's Hilbert space dimension).
- Preserve unit trace and positivity (a density operator does not have any negative eigenvalue).
- “Completely positive”. If, at a time t , \mathcal{S} entangled with \mathcal{S}' , \mathcal{L} acting on \mathcal{S} alone leads to a completely positive density operator for the joint state of \mathcal{S} and \mathcal{S}' (not all maps are completely positive e.g. partial transpose).

Atomic relaxation

Kraus operators

Any completely positive map can be written as

$$\mathcal{L}(\rho) = \sum_{\mu} M_{\mu} \rho M_{\mu}^{\dagger} \quad (109)$$

with the normalization condition

$$\sum_{\mu} M_{\mu}^{\dagger} M_{\mu} = \mathbb{1} \quad (110)$$

There are at most N_S^2 'Kraus' operators M_{μ} , which are not uniquely defined (same map when mixing the M_{μ} by a linear unitary matrix V : $M'_{\mu} = V_{\mu\nu} M_{\nu}$).

Atomic relaxation

Kraus operators

Fit also in this representation:

- Hamiltonian evolution

$$\rho(t + \tau) = U(\tau)\rho U^\dagger(\tau) \quad (111)$$

- 'unread' generalized measurement

$$\rho \longrightarrow \sum_{\mu} O_{\mu}\rho O_{\mu}^{\dagger} \quad (112)$$

but not a measurement whose result μ is known

$$\rho \longrightarrow \frac{O_{\mu}\rho O_{\mu}^{\dagger}}{\text{Tr}(O_{\mu}\rho O_{\mu}^{\dagger})} \quad (113)$$

(non-linear normalization term in the denominator)

Atomic relaxation

Lindblad equation

Kraus representation and differential representation of the map

$$\rho(t + \tau) = \sum_{\mu} M_{\mu} \rho M_{\mu}^{\dagger} \approx \rho(t) + \frac{d\rho}{dt} \tau \quad (114)$$

- Environment unaffected by the system: the M_{μ} s do not depend upon time t .
- They, however, depend clearly upon the tiny time interval τ .
- One and only one of the M_{μ} s is thus of the order of unity and all others must then be of order $\sqrt{\tau}$.

$$M_0 = \mathbb{1} - iK\tau \quad (115)$$

$$M_{\mu} = \sqrt{\tau} L_{\mu} \quad \text{for } \mu \neq 0 \quad (116)$$

Atomic relaxation

Lindblad equation

K , having no particular properties, can be split in hermitian and anti-hermitian parts:

$$K = \frac{H}{\hbar} - iJ, \quad (117)$$

where

$$H = \frac{\hbar}{2} (K + K^\dagger) \quad (118)$$

$$J = \frac{i}{2} (K - K^\dagger) \quad (119)$$

are both hermitian.

$$M_0 = \mathbb{1} - \frac{i\tau}{\hbar} H - J\tau \quad (120)$$

Atomic relaxation

Lindblad equation

Thus

$$M_0 \rho M_0^\dagger = \rho - \frac{i\tau}{\hbar} [H, \rho] - \tau [J, \rho]_+ \quad (121)$$

where $[J, \rho]_+ = J\rho + \rho J$ is an anti-commutator.

$$M_0^\dagger M_0 = \mathbb{1} - 2J\tau \quad \text{and thus, by normalization since } \sum_{\mu} M_{\mu}^\dagger M_{\mu} = \mathbb{1} \quad (122)$$

$$J = \frac{1}{2} \sum_{\mu \neq 0} L_{\mu}^\dagger L_{\mu} \quad (123)$$

“Lindblad form” of the master equation

$$\frac{d\rho}{dt} = -\frac{i}{\hbar} [H, \rho] + \sum_{\mu \neq 0} \left(L_{\mu} \rho L_{\mu}^\dagger - \frac{1}{2} L_{\mu}^\dagger L_{\mu} \rho - \frac{1}{2} \rho L_{\mu}^\dagger L_{\mu} \right) \quad (124)$$

Atomic relaxation

Quantum jumps

Consider a single time interval τ in the simple situation where the initial state is pure $\rho(0) = |\Psi\rangle\langle\Psi|$, with no Hamiltonian evolution. Then

$$\rho(\tau) = |\Psi\rangle\langle\Psi| + \tau \sum_{\mu} (L_{\mu} |\Psi\rangle) (\langle\Psi| L_{\mu}^{\dagger}) \quad (125)$$

- Density matrix at time τ is a statistical mixture of the initial pure state (with a large probability of order 1) and of projectors on the states $L_{\mu} |\Psi\rangle$.
- The L_{μ} s are 'jump operators' which describe a random (possibly large) evolution of the system which suddenly (at the time scale of the evolution) changes under the influence of the environment.
- Intuitive picture of quantum jumps for an atom emitting a single photon

Atomic relaxation

Quantum jumps

- The quantum jump operators are not defined unambiguously. Again, the same master equation can be recovered from different sets of $M_{\mu}S$ (or $L_{\mu}S$) linked together by a unitary transformation matrix. Different choices correspond to the so-called 'unravelings' of the master equation.
- In some situations, the quantum jumps have a direct physical meaning. e.g. emitting atom completely surrounded by a photo-detector array. The quantum jump then corresponds to a click of one detector. Different unravelings may then correspond to different ways of monitoring the environment, in this case to different detectors (photon counters, homodyne receivers...)
- In other situations, the quantum jumps are an abstract representation of the system+environment evolution.

Atomic relaxation

Quantum trajectories

- Even when the environment is not explicitly monitored, one may imagine that it is done. We then imagine we have full information about which quantum jump occurs when.
- The system is thus, at any time, in a pure state, which undergoes a stochastic trajectory in the Hilbert space, made up of continuous Hamiltonian evolutions interleaved with sudden quantum jumps.
- However, since we only imagine the information is available, we should describe the evolution of the density operator by averaging the system evolution over all possible trajectories.
- The ‘environment simulator’ concept provides a simple recipe to perform this averaging.

Atomic relaxation

Environment simulator

\mathcal{B} coupled to \mathcal{S} so that the reduced dynamics for \mathcal{S} is the same as when coupled to \mathcal{E} .

- \mathcal{B} prepared in the same reference state $|0\rangle$ at the start of each time interval τ
- Hamiltonian evolution of $\mathcal{S} + \mathcal{B}$ during the time interval τ

$$U_{SB} |\Psi\rangle \otimes |0\rangle = M_0 |\Psi\rangle \otimes |0\rangle + \sqrt{\tau} \sum_{\mu} (L_{\mu} |\Psi\rangle) \otimes |\mu\rangle \quad (126)$$

- Unread measurement of $O_{\mathcal{B}}$ having the $|\mu\rangle$ s as non degenerate eigenstates, with μ as the eigenvalue. This measurement tells which jump has happened if any.

Atomic relaxation

Environment simulator

At the end of the time interval τ :

- With a probability $p_0 = \langle \Psi | M_0^\dagger M_0 | \Psi \rangle = \text{Tr}(\rho M_0^\dagger M_0) = 1 - \tau \sum_{\mu \neq 0} \text{Tr}(\rho L_\mu^\dagger L_\mu) = 1 - \sum_{\mu \neq 0} p_\mu$, the result is 0, no jump and

$$\frac{M_0 |\Psi\rangle}{\sqrt{p_0}} = \frac{1 - iH\tau/\hbar - J\tau}{\sqrt{p_0}} |\Psi\rangle \quad (127)$$

Evolution can be interpreted as resulting from evolution in the non-hermitian Hamiltonian

$$H_{\text{eff}} = H - i\hbar J \quad (128)$$

- With a probability $p_\mu = \tau \text{Tr}(\rho L_\mu^\dagger L_\mu)$, the result is μ and the system's state is accordingly projected onto $M_\mu |\Psi\rangle / \sqrt{p_\mu} = L_\mu |\Psi\rangle / \sqrt{p_\mu/\tau}$.

The quantum trajectory is defined by the repetition of such steps.

Atomic relaxation

Environment simulator

We have no access to the environment state in most real cases.

- Recovers the right evolution during τ by averaging all projectors on all possible final pure states (with proper measurement probability weights).
- Recovers the full density operator evolution by averaging the projectors on all possible quantum trajectory states.
- Full mathematical equivalence between this average and the solution of the Lindblad equation.
- Leads to an efficient numerical method for solving Lindblad equations.

Atomic relaxation

Quantum Monte Carlo trajectories

- Initialize the state (randomly chosen eigenstate $|\Psi\rangle$ of ρ)
- For each time interval τ , evolve $|\Psi\rangle$ according to:
 - ▶ Compute $p_\mu = \tau \langle \Psi | L_\mu^\dagger L_\mu | \Psi \rangle$ and $p_0 = 1 - \sum_{\mu \neq 0} p_\mu$.
 - ▶ Use a (good) random number generator to decide upon the result of the measurement of \mathcal{B} .
 - ▶ If the result of the measurement is zero, evolve $|\Psi\rangle$ with

$$|\Psi\rangle \longrightarrow \frac{1 - iH\tau/\hbar - J\tau}{\sqrt{p_0}} |\Psi\rangle \quad (129)$$

- ▶ If the result of the measurement is $\mu \neq 0$, evolve $|\Psi\rangle$ by:

$$|\Psi\rangle \longrightarrow \frac{L_\mu}{\sqrt{\langle \Psi | L_\mu^\dagger L_\mu | \Psi \rangle}} |\Psi\rangle = \frac{L_\mu}{\sqrt{p_\mu/\tau}} |\Psi\rangle \quad (130)$$

- Repeat the procedure for many trajectories
- Average the projectors $\rho(t) = \overline{|\Psi(t)\rangle \langle \Psi(t)|}$

Atomic relaxation

Quantum Monte Carlo trajectories

Interest of the Monte Carlo method:

- For each trajectory computes only a state vector with N_S dimensions i.e. N_S coupled differential equations, instead of N_S^2 equations for the full density operator.
- Needs a statistical sample of trajectories. A few hundreds is enough to get a qualitative solution. Method more efficient than the direct integration when N_S is larger than a few hundreds.
- Gives a physical picture of the relaxation process (see below).

An extremely useful method, with thousands of applications.

Atomic relaxation

Spontaneous emission

A practical (and important) example. Optical transition: Zero temperature model.

A single jump operator (describing photon emission in a downwards transition)

$$L = \sqrt{\Gamma} \sigma_- \quad (131)$$

with $\Gamma = 1/T_1$ ('longitudinal relaxation time'). Lindblad equation

$$\frac{d\rho}{dt} = \Gamma \left(\sigma_- \rho \sigma_+ - \frac{1}{2} \sigma_+ \sigma_- \rho - \frac{1}{2} \rho \sigma_+ \sigma_- \right) \quad (132)$$

Atomic relaxation

Spontaneous emission

With

$$\rho = \begin{pmatrix} \rho_{ee} & \rho_{eg} \\ \rho_{ge} & \rho_{gg} \end{pmatrix} \quad (133)$$

the solution of the Lindblad equation is

$$\frac{d\rho_{ee}}{dt} = -\Gamma\rho_{ee} \quad (134)$$

$$\frac{d\rho_{eg}}{dt} = -\frac{\Gamma}{2}\rho_{eg} \quad (135)$$

- Relaxation of excited state population with a rate Γ .
- Relaxation of coherence with a rate $\Gamma/2$ (compatible with $\rho_{eg} \leq \sqrt{\rho_{ee}\rho_{gg}}$)

Atomic relaxation

Phase damping

Model atomic relaxation due to random fields altering the atomic frequency and scrambling the coherence phase.

- Jump operator $\sqrt{\gamma/2}\sigma_z$ with $\gamma = 1/T_2$ the 'transverse' relaxation rate and T_2 the transverse relaxation time. Models sudden phase shifts of coherences.
- No damping of the populations, but coherences damped at rate γ .
- Complete Lindblad equation with spontaneous emission

$$\frac{d\rho_{ee}}{dt} = -\Gamma\rho_{ee} \quad (136)$$

$$\frac{d\rho_{eg}}{dt} = -\frac{\Gamma}{2}\rho_{eg} - \gamma\rho_{eg} = -\gamma'\rho_{eg} \quad (137)$$

where we define the total relaxation rate of the coherence by:

$$\gamma' = \gamma + \frac{\Gamma}{2} \quad (138)$$

Atomic relaxation

Spontaneous emission

Case of an initial superposition state $|\Psi_0\rangle = (1/\sqrt{2})(|e\rangle + |g\rangle)$. Analysis in terms of the Monte Carlo trajectories.

- No jump evolution. With $|\Psi(t)\rangle = c_e |e\rangle + c_g |g\rangle$ and use effective Hamiltonian

$$H = -i\hbar J = -\frac{i\hbar}{2}\Gamma\sigma_+\sigma_- = -\frac{i\hbar}{2}\Gamma |e\rangle\langle e| \quad (139)$$

$$i\hbar\frac{dc_e}{dt} = -\frac{i\hbar}{2}\Gamma c_e \quad c_e(t) = c_e(0)e^{-\Gamma t/2} \quad \frac{dc_g}{dt} = 0 \quad (140)$$

$$|\Psi(t)\rangle = \frac{1}{|c_e(0)|^2 e^{-\Gamma t} + |c_g(0)|^2} \left(c_e(0)e^{-\Gamma t/2} |e\rangle + c_g(0) |g\rangle \right) \quad (141)$$

A negative detection (no photon emitted) changes the system's state.

- Jump: state becomes $|g\rangle$. No further evolution.

Optical Bloch equations

- Merge the atom-field interaction and the relaxation (phase damping and/or spontaneous emission) in a single set of equations.
- Analyse the immediate consequences of these equations.

Optical Bloch equations

The equations

Hamiltonian in interaction representation w.r.t. the field frequency:

$$H = \frac{\hbar\Delta}{2}\sigma_z - \frac{\hbar\Omega}{2}(\sigma_+e^{-i\varphi} + \sigma_-e^{i\varphi}) \quad (142)$$

with $\Omega = dE_0/\hbar$ and $\Delta = \omega_{eg} - \omega$ and

$$E_1 = E_0e^{-i\varphi} \quad (143)$$

Optical Bloch equations

The equations

Coherent evolution of ρ ruled by the Schrödinger equation:

$$\begin{aligned}\frac{d\rho_{ee}}{dt} &= \Omega \text{Im} (\rho_{eg} e^{i\varphi}) \\ &= \frac{d}{\hbar} \text{Im} (\rho_{eg} E_1^*)\end{aligned}\quad (144)$$

and

$$\begin{aligned}\frac{d\rho_{eg}}{dt} &= -i\Delta\rho_{eg} + i\frac{\Omega}{2}e^{-i\varphi}(\rho_{gg} - \rho_{ee}) \\ &= -i\Delta\rho_{eg} - i\frac{d}{2\hbar}E_1(\rho_{ee} - \rho_{gg})\end{aligned}\quad (145)$$

Optical Bloch equations

The equations

Add relaxation (assume mere addition of evolution terms and note that Lindblad equation terms are not changed in interaction representation)

$$\frac{d\rho_{ee}}{dt} = \frac{d}{dt} \text{Im} (\rho_{eg} E_1^*) - \Gamma \rho_{ee} \quad (146)$$

$$\frac{d\rho_{eg}}{dt} = -i\Delta\rho_{eg} - i\frac{d}{dt} E_1 (\rho_{ee} - \rho_{gg}) - \gamma' \rho_{eg} \quad (147)$$

with $\Gamma = 1/T_1$ and $\gamma' = (1/2 T_1) + 1/T_2$

Optical Bloch equations

Equivalent forms

Introducing

- The populations $N_e = \rho_{ee}$ and $N_g = \rho_{gg}$
- The complex dipole amplitude

$$\mathcal{D} = 2d\rho_{eg} \quad (148)$$

so that the average value of the dipole in state ρ is $\text{Re } \mathcal{D}$

We get:

$$\frac{dN_e}{dt} = \frac{1}{2\hbar} \text{Im} (\mathcal{D}E_1^*) - \Gamma N_e \quad (149)$$

$$\frac{d\mathcal{D}}{dt} = -i\Delta\mathcal{D} - \gamma'\mathcal{D} - i\frac{d^2E_1}{\hbar}(N_e - N_g) \quad (150)$$

Optical Bloch equations

Equivalent forms

Introducing the Bloch vector $\mathbf{r} = (x, y, z)$ so that

$$\rho = \frac{1 + \mathbf{r} \cdot \boldsymbol{\sigma}}{2} \quad (151)$$

or

$$\rho = \frac{1}{2} \begin{pmatrix} 1 + z & x - iy \\ x + iy & 1 - z \end{pmatrix} \quad (152)$$

$$x = 2\text{Re } \rho_{eg} \quad y = -2\text{Im } \rho_{eg} \quad z = 2\rho_{ee} - 1 \quad (153)$$

With $E_1 = E_x + iE_y$

$$\frac{dz}{dt} = -\frac{d}{\hbar}(xE_y + yE_x) - \Gamma(1 + z) \quad (154)$$

$$\frac{dx}{dt} = -\Delta y + \frac{d}{\hbar}zE_y - \gamma'x \quad (155)$$

$$\frac{dy}{dt} = +\Delta x + \frac{d}{\hbar}zE_x - \gamma'y \quad (156)$$

Optical Bloch equations

Rabi oscillations revisited

Rabi oscillations with relaxation. Simplifying hypotheses:

- Initial state $|g\rangle$ corresponding to $z = -1$ and $x = y = 0$.
- The field is purely real: $E_y = 0$, $E_x = +E_0$
- Atom and field are at resonance: $\Delta = 0$.

$$\frac{dz}{dt} = -\Omega y - \Gamma(1 + z) \quad (157)$$

$$\frac{dy}{dt} = \Omega z - \gamma' y \quad (158)$$

$x = 0$ at any time.

$$\frac{d^2 z}{dt^2} + (\Gamma + \gamma') \frac{dz}{dt} + (\Omega^2 + \gamma' \Gamma) z = -\gamma' \Gamma \quad (159)$$

Optical Bloch equations

Rabi oscillations revisited

Steady state:

$$z_s = -\frac{\gamma'\Gamma}{\Omega^2 + \gamma'\Gamma} \quad (160)$$

$$y_s = \frac{\Omega}{\gamma'} z = -\frac{\Omega\Gamma}{\Omega^2 + \gamma'\Gamma} \quad (161)$$

- For $\Omega \rightarrow 0$, $y_s = 0$ and $z_s = -1$
- For $\Omega \rightarrow \infty$, $z_s = y_s = 0$

Optical Bloch equations

Rabi oscillations revisited

Transient regime. Simplifying hypotheses:

- $\gamma' = \Gamma/2$: no transverse relaxation
- $\Omega \gg \Gamma$: Strong drive

$$\frac{d^2 z}{dt^2} + \frac{3\Gamma}{2} \frac{dz}{dt} + \Omega^2 z = 0 \quad (162)$$

Solution:

$$z(t) = -\cos(\Omega t) e^{-3\Gamma t/2} \quad (163)$$

an exponentially damped Rabi oscillation at the frequency Ω .

Optical Bloch equations

Rabi oscillations revisited

A simple interpretation in terms of quantum trajectories (only spontaneous emission relaxation)

- Before the first jump, an uninterrupted Rabi oscillation
- The first jump projects the atom in $|g\rangle$ and restarts the Rabi oscillation
- The occurrence of random jumps thus dephase the oscillations corresponding to different trajectories
- Hence an exponential damping of the Rabi oscillation amplitude.

Optical Bloch equations

Oscillator strength revisited

Return to the hypotheses of first paragraph

- Atom initially in $|g\rangle$
- Detuned field $\Delta \gg \Gamma, \gamma'$, hence $N_g \approx 1$

We determine the steady state complex dipole $\mathcal{D} = 2d\rho_{ge}$ from

$$\frac{d\mathcal{D}}{dt} = -i\Delta\mathcal{D} - \gamma'\mathcal{D} - i\frac{d^2E_1}{\hbar}(N_e - N_g) \quad (164)$$

$$\mathcal{D}_s = \frac{d^2}{\hbar\Delta}E_1 = \frac{q^2|\langle e|z|g\rangle|^2}{\hbar(\omega_{eg} - \omega)}E_1 \quad (165)$$

and define the quantum polarizability as

$$\alpha_Q = \frac{q^2}{\hbar(\omega_{eg} - \omega)}|\langle e|z|g\rangle|^2 \quad (166)$$

Optical Bloch equations

Oscillator strength revisited

Comparing the quantum and the classical polarizability:

$$\alpha_c = \frac{q^2}{2m\epsilon_0\omega_{eg}} \frac{1}{\omega_{eg} - \omega} \quad (167)$$

we get back the 'oscillator strength' (a mere consistency check)

$$f = \frac{2m\omega_{eg}}{\hbar} |\langle e | z | g \rangle|^2 \quad (168)$$

Two limit cases

Back to Einstein coefficients

Recover the Einstein coefficients as a limit case of the Optical Bloch Equations in two limit cases

- Strong transverse damping $\gamma' \approx \gamma$
- Stochastic, noisy driving field

In both cases, stochasticity turns the coherent Rabi oscillation into transfer rates à la Einstein

Two limit cases

Strong transverse relaxation

Assume $\gamma' \approx \gamma$ and $\Gamma \ll \gamma'$. Use again

$$\frac{d\mathcal{D}}{dt} = -i\Delta\mathcal{D} - \gamma'\mathcal{D} - i\frac{d^2E_1}{\hbar}(N_e - N_g) \quad (169)$$

Fast relaxation allows to neglect $d\mathcal{D}/dt$. Assume thus that the dipole is at any time in the steady state value:

$$\mathcal{D} = \frac{i}{\gamma' + i\Delta} \frac{d^2E_1}{\hbar} (N_g - N_e) \quad (170)$$

Inject in the equation of motion for N_e :

$$\begin{aligned} \frac{dN_e}{dt} &= -\Gamma N_e + \frac{1}{2\hbar} \text{Im} \left[\frac{i}{\gamma' + i\Delta} \frac{d^2E_1}{\hbar} (N_g - N_e) E_1^* \right] \\ &= -\Gamma N_e + \frac{d^2E_0^2}{2\hbar^2} (N_g - N_e) \frac{\gamma'}{\gamma'^2 + \Delta^2} \end{aligned} \quad (171)$$

Two limit cases

Strong transverse relaxation

Assume a small but finite frequency bandwidth for the electric field:
 $E_0^2 \propto u_{\nu_0}$. Make field resonant ($\Delta = 0$).

$$\frac{dN_e}{dt} = -\Gamma N_e + \frac{d^2 E_0^2}{2\hbar^2 \gamma'} (N_g - N_e) = -\Gamma N_e + \frac{\Omega^2}{2\gamma'} (N_g - N_e) \quad (172)$$

$$\frac{dN_e}{dt} = A_{eg} N_e + (B_{ge} u_{\nu} N_g - B_{eg} u_{\nu} N_e) \quad (173)$$

with the evident correspondence $A_{eg} = \Gamma$

Two limit cases

Stochastic fields

Described in terms of a slowly variable complex amplitude $E_1(t)$ modulating an oscillation at the average frequency $\bar{\omega}$:

$$E(t) = E_1(t)e^{-i\bar{\omega}t} \quad (174)$$

Stochastic properties encoded in the autocorrelation function:

$$\Gamma_E(\tau) = \lim_{T \rightarrow \infty} \frac{1}{T} \int_t^{t+T} E_1^*(t')E_1(t' - \tau) dt' \quad (175)$$

or, within an ergodic hypothesis

$$\Gamma_E(\tau) = \overline{E_1^*(t)E_1(t - \tau)} \quad (176)$$

where the overline denotes an average over very many realizations of the source. Γ_E has a width τ_c (defining the source correlation time). Note

$$\Gamma_E(-\tau) = \overline{E_1^*(t)E_1(t + \tau)} = \overline{E_1^*(t' - \tau)E_1(t')} = \Gamma_E^*(\tau) \quad (177)$$

Two limit cases

Stochastic fields

Spectral density of radiation $S_E(\omega)$:

$$S_E(\omega) = \frac{1}{2\pi} \int_{-\infty}^{\infty} d\tau \Gamma_E(\tau) e^{-i\omega\tau} \quad (178)$$

real due to (177). Spectrum of the source: spectral density translated by $\bar{\omega}$. Width of the order of $1/\tau_c$.

Two limit cases

Stochastic fields

Since $E_1(t)$ varies slowly at the time scale of the optical frequency:

$$\frac{d\rho_{eg}}{dt} = -i\Delta\rho_{eg} - \gamma'\rho_{eg} - \frac{id}{2\hbar}E_1(t)(\rho_{ee} - \rho_{gg}) \quad (179)$$

where Δ is now $\omega_{eg} - \bar{\omega}$. Defining

$$\widetilde{\rho}_{eg} = \rho_{eg}e^{(i\Delta + \gamma')t} \quad (180)$$

we get

$$\widetilde{\rho}_{eg}(t) = -\frac{id}{2\hbar} \int_0^t E_1(t')(\rho_{ee} - \rho_{gg})(t')e^{(i\Delta + \gamma')t'} dt' \quad (181)$$

With $\rho_{eg} = \widetilde{\rho}_{eg} \exp[-(i\Delta + \gamma')t]$:

$$\rho_{eg}(t) = -\frac{id}{2\hbar} \int_0^t E_1(t')(\rho_{ee} - \rho_{gg})(t')e^{(-i\Delta - \gamma')(t-t')} dt' \quad (182)$$

Two limit cases

Stochastic fields

Plug the expression of $\rho_{eg}(t)$ in the equation of the populations:

$$\frac{d\rho_{ee}}{dt} = -\Gamma\rho_{ee} - \frac{d^2}{2\hbar^2} \operatorname{Re} \int_0^t E_1^*(t)E_1(t')(\rho_{ee} - \rho_{gg})(t')e^{(-i\Delta-\gamma')(t-t')} dt' \quad (183)$$

Setting $t - t' = \tau$, or $t' = t - \tau$ ($0 \leq \tau \leq t$)

$$\frac{d\rho_{ee}}{dt} = -\Gamma\rho_{ee} - \frac{d^2}{2\hbar^2} \operatorname{Re} \int_0^t E_1(t-\tau)E_1^*(t)(\rho_{ee} - \rho_{gg})(t-\tau)e^{(-i\Delta-\gamma')\tau} d\tau \quad (184)$$

Two limit cases

Stochastic fields

Perform an ensemble average of the evolution equations (leaving ρ invariant)

$$\frac{d\rho_{ee}}{dt} = -\Gamma\rho_{ee} - \frac{d^2}{2\hbar^2} \text{Re} \int_0^t \Gamma_E(\tau)(\rho_{ee} - \rho_{gg})(t - \tau)e^{(-i\Delta - \gamma')\tau} d\tau \quad (185)$$

Short source correlation time τ_c .

- Replace $(\rho_{ee} - \rho_{gg})(t - \tau)$ by $(\rho_{ee} - \rho_{gg})(t)$
- Extend upper integral bound to infinity

Two limit cases

Stochastic fields

Final equation of motion:

$$\frac{d\rho_{ee}}{dt} = -\Gamma\rho_{ee} - C(\Delta)(\rho_{ee} - \rho_{gg}) \quad (186)$$

where

$$C(\Delta) = \frac{d^2}{2\hbar^2} \operatorname{Re} \int_0^\infty \Gamma_E(\tau) e^{(-i\Delta - \gamma')\tau} d\tau \quad (187)$$

Neglect the transverse relaxation rate γ' compared to the field frequency width.

$$C(\Delta) = \frac{d^2}{2\hbar^2} \operatorname{Re} \int_0^\infty \Gamma_E(\tau) e^{-i\Delta\tau} d\tau \quad (188)$$

Two limit cases

Stochastic fields

Link with spectral density:

$$2\pi S_E(\Delta) = \int_{-\infty}^0 \Gamma_E(\tau) e^{-i\Delta\tau} d\tau + \int_0^{\infty} \Gamma_E(\tau) e^{-i\Delta\tau} d\tau \quad (189)$$

With $\Gamma_E(-\tau) = \Gamma_E^*(\tau)$:

$$\int_{-\infty}^0 \Gamma_E(\tau) e^{-i\Delta\tau} d\tau = \int_0^{\infty} \Gamma_E(-\tau) e^{i\Delta\tau} d\tau = \left(\int_0^{\infty} \Gamma_E(\tau) e^{-i\Delta\tau} d\tau \right)^* \quad (190)$$

Hence,

$$2\pi S_E(\Delta) = 2\text{Re} \int_0^{\infty} \Gamma_E(\tau) e^{-i\Delta\tau} d\tau \quad (191)$$

and, finally

$$C(\Delta) = \frac{\pi d^2}{2\hbar^2} S_E(\Delta) \quad (192)$$

Two limit cases

Einstein at last

Assuming finally the resonance condition ($\Delta = 0$) and noting that

$$u_\nu = 2\pi^2\epsilon_0 S_E(0) \quad (193)$$

we get

$$C(0) = C = B_{eg} u_\nu \quad (194)$$

and

$$B_{eg} = \frac{d^2}{4\pi\epsilon_0\hbar^2} \quad (195)$$

and finally

$$\frac{dN_e}{dt} = -A_{eg} N_e + B_{eg} u_\nu (N_g - N_e) \quad (196)$$

Two limit cases

Einstein at last

The value of B_{eg} obtained here differs by a factor $3/2$ from that obtained from

$$A_{eg} = \frac{d^2 \omega^3}{3\pi \epsilon_0 \hbar c^3} \quad (197)$$

which is

$$B_{eg} = \frac{d^2}{6\pi \epsilon_0 \hbar^2} \quad (198)$$

Reason: no averaging over polarizations in our calculation.

Two limit cases

Spectrum of a lamp

An exercise on autocorrelation functions. Spontaneous emission by a large ensemble of atoms. Train of exponentially damped pulses (N_p per unit time) with random relative phases:

$$E_1(t) = \sum_{i=-\infty}^{\infty} E_0 e^{i\phi_i} e^{-(t-t_i)/\tau_e} \Theta(t-t_i) \quad (199)$$

$$\Gamma_E = N_p T \gamma_e \quad (200)$$

with

$$\gamma_E(\tau) = \frac{1}{T} E_0^2 \int_0^T e^{-t/\tau_e} e^{-(t-\tau)/\tau_e} \Theta(t-\tau) dt \quad (201)$$

$$\begin{aligned} \gamma_E(\tau) &= \frac{1}{T} E_0^2 \left[\int_{\tau}^{\infty} e^{-2t/\tau_e} dt \right] e^{\tau/\tau_e} \\ &= \frac{1}{T} E_0^2 \frac{\tau_e}{2} e^{-|\tau|/\tau_e} \end{aligned} \quad (202)$$

Two limit cases

Spectrum of a lamp

Finally

$$\Gamma_E(\tau) = N_p E_0^2 \frac{\tau_e}{2} e^{-|\tau|/\tau_e} \quad (203)$$

and

$$S_E(\omega) = \frac{N_p E_0^2}{\pi} \frac{1}{\omega^2 + (1/\tau_e)^2} \quad (204)$$

a Lorentzian spectrum with a width $1/\tau_e$.

Applications

Explore direct applications of the Optical Bloch equations:

- Steady-state and Saturation
- Optical pumping
- Dark resonance and EIT
- Light shifts and Autler Townes splitting
- Maxwell Bloch equations

Steady-state and Saturation

Classical model (chapter 1): power given to the matter by the field

$$\mathcal{E} = \frac{1}{2} \epsilon_0 \omega \chi'' |E_1|^2 = \frac{1}{2} \epsilon_0 \omega \mathcal{N} \alpha'' |E_1|^2 \quad (205)$$

where \mathcal{N} is the number of atoms in the medium (the populations in the Bloch equations sum to one so that the number of atoms in $|e\rangle$ is $\mathcal{N}N_z$)
The complex dipole amplitude D is $D = \epsilon_0 \alpha E_1$ and thus

$$\mathcal{E} = \mathcal{N} \frac{\omega E_1}{2} \text{Im } D \quad (206)$$

Linear function of the incoming power. An unrealistic model: an atom cannot diffuse a MW laser field. What is the prediction of the OBEs?

Steady-state and Saturation

Steady state power

Replace in the classical expression of the energy exchange the dipole by \mathcal{D} . Recall the OBEs and assume E_1 real without loss of generality

$$\frac{dN_e}{dt} = \frac{1}{2\hbar} \text{Im} (\mathcal{D}E_1) - \Gamma N_e \quad (207)$$

$$\frac{d\mathcal{D}}{dt} = -i\Delta\mathcal{D} - \gamma'\mathcal{D} - i\frac{d^2E_1}{\hbar}(N_e - N_g) \quad (208)$$

In the steady state:

$$\mathcal{D} = \frac{\Delta + i\gamma'}{\Delta^2 + \gamma'^2} \frac{d^2E_1}{\hbar} (N_g - N_e) \quad (209)$$

Steady-state and Saturation

Steady state power

Similarly, the steady state value of N_e is

$$N_e = \frac{d^2 E_1^2}{2\hbar^2 \Gamma} (N_g - N_e) \frac{\gamma'}{\Delta^2 + \gamma'^2} \quad (210)$$

Introducing the Rabi frequency $\Omega = dE_1/\hbar$ and defining the saturation parameter:

$$s = \frac{\Omega^2}{\Gamma \gamma'} \frac{1}{1 + \Delta^2/\gamma'^2}, \quad (211)$$

which has a Lorentzian variation with the atom-field detuning Δ , we arrive at

$$N_e = \frac{s/2}{1+s} \quad (212)$$

$$N_g - N_e = \frac{1}{1+s}, \quad (213)$$

Steady-state and Saturation

Steady state power

We get also \mathcal{D} such that

$$|\mathcal{D}|^2 = d^2 \frac{\Gamma}{\gamma'} \frac{s}{(1+s)^2} . \quad (214)$$

and finally

$$\mathcal{E} = \frac{\mathcal{N} \hbar \omega \Gamma}{2} \frac{s}{1+s} , \quad (215)$$

always positive, since there can be no population inversion. The absorbed energy has a Lorentzian shape for a small saturation parameter ($s \ll 1$; small Rabi frequency).

Steady-state and Saturation

Saturation intensity

At resonance ($\Delta = 0$) the 'saturation parameter' $s = s_0$ is:

$$s_0 = \frac{\Omega^2}{\Gamma\gamma'} \quad (216)$$

and

$$\mathcal{E} = \mathcal{N} \frac{\hbar\omega}{2} \Gamma \frac{s_0}{1 + s_0} \quad (217)$$

- At low power, \mathcal{E} is proportional to s_0 i.e. to the incoming field intensity. Recover classical model result
- At infinite input power,

$$\mathcal{E}_s = \mathcal{N} \hbar\omega \frac{\Gamma}{2} \quad (218)$$

photons scattered at a rate $\Gamma/2$.

- Onset of the saturation for $s_0 \approx 1$

Steady-state and Saturation

Saturation intensity

With $s_0 = d^2 E_1^2 / \hbar^2 \Gamma \gamma'$ and an incident power per unit surface $I = \epsilon_0 c E_1^2 / 2$ then

$$s_0 = \frac{d^2 E_1^2}{\hbar^2 \Gamma \gamma'} = \frac{I}{I_s} \quad (219)$$

where the saturation intensity I_s is

$$I_s = \frac{\Gamma \gamma' \epsilon_0 c}{d^2} \hbar^2 \quad (220)$$

Consider the simple case $\gamma' = \Gamma/2$ (no additional transverse damping) then

$$I_s = \frac{\Gamma^2 \epsilon_0 c}{4 d^2} \hbar^2 \quad (221)$$

Steady-state and Saturation

Saturation intensity

Using (anticipating again on Chapter 4)

$$\Gamma = \frac{\omega^3 d^2}{3\pi\epsilon_0 \hbar c^3} \quad (222)$$

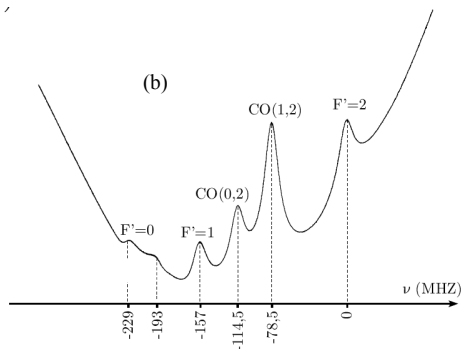
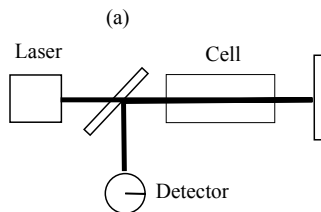
$$I_s = \frac{\pi}{3} \hbar \omega \Gamma \frac{1}{\lambda^2} = \hbar \omega \frac{\Gamma}{2} \frac{1}{\sigma_c} \quad (223)$$

- Saturation: one photon incident in the resonant cross section of the classical model, $\sigma_c = 3\lambda^2/2\pi$, at the maximum rate of diffusion $\Gamma/2$.
- Order of magnitude: with $\Gamma = 3 \cdot 10^7 \text{ s}^{-1}$, $\lambda = 1 \text{ }\mu\text{m}$ we get $I_s = 0.6 \text{ mW/cm}^2$

Steady-state and Saturation

Saturation spectroscopy

A useful method to get rid of the Doppler broadening of atomic transitions.



Steady-state and Saturation

Saturation spectroscopy

Resonance conditions for the two beams

- Direct beam: $\Delta = \omega_{eg} - \omega = -kv_z$
- Reflected beam: $\Delta = kv'_z$
 - ▶ Out of resonance (Δ much larger than Ω and Γ), the two counterpropagating beams interact with different velocity classes due to the Doppler effect. The absorptions are independent and equivalent to one path in a medium with a double atom number $2\mathcal{N}$ ¹. The absorbed energy is

$$\mathcal{E} = 2 \times \frac{\mathcal{N}\hbar\Omega\Gamma}{2} \frac{s_0}{1+s_0} \quad (224)$$

- ▶ At resonance ($\Delta = 0$), the two beams interact with the $v_z = 0$ class. The saturation parameter is doubled (twice the intensity) but the atom number is twice lower (only one k class). The absorbed energy is then

$$\mathcal{E}_0 = \frac{\mathcal{N}\hbar\Omega\Gamma}{2} \frac{2s_0}{1+2s_0} \quad (225)$$

¹This quantity should be defined more carefully in terms of the Maxwell velocity distribution and the width of the velocity class.

Steady-state and Saturation

Saturation spectroscopy

Hence, the 'dip depth' is

$$\frac{\mathcal{E}_0}{\mathcal{E}} = \frac{1 + s_0}{1 + 2s_0} \quad (226)$$

and its width is $\gamma' \sqrt{1 + s_0}$. The best compromise corresponds to $s_0 \approx 1$, with a depth of $1/3$ and a width of $2\gamma'$.

Steady-state and Saturation

Saturation spectroscopy

Case of a multilevel atom: two nearly degenerate ground states, $|g\rangle$ and $|f\rangle$, and an excited state $|e\rangle$ (Λ system). Saturation resonances at:

- ω_{ge}
- ω_{fe}
- Crossover resonance dip: direct beam resonant at ω_{fe} for $kv_z = \omega - \omega_{fe}$, saturating the $f \rightarrow e$ transition, and reflected beam probing this saturation when resonant on $|g\rangle \rightarrow |e\rangle$ if $kv_z = -(\omega - \omega_{ge})$ i.e.

$$\omega = \frac{\omega_{fe} + \omega_{ge}}{2} \quad (227)$$

Optical pumping

Principle

Λ system again. $|e\rangle$ decays towards both $|g\rangle$ and $|f\rangle$ with rates Γ_{eg} and Γ_{ef} . Goal: populate only $|f\rangle$.

Method: drive selectively $|g\rangle \rightarrow |e\rangle$.

After a few fluorescence cycles, $|g\rangle$ is depopulated.

More quantitative approach based on Einstein's coefficients.

$$\frac{dN_e}{dt} = -(\Gamma_{eg} + \Gamma_{ef})N_e + \frac{\Omega^2}{2\gamma'}(N_g - N_e) \quad (228)$$

$$\frac{dN_g}{dt} = \Gamma_{eg}N_e - \frac{\Omega^2}{2\gamma'}(N_g - N_e) \quad (229)$$

$$\frac{dN_f}{dt} = \Gamma_{ef}N_e \quad (230)$$

with $N = N_e + N_f + N_g$

Optical pumping

Dynamics

- Steady state: $N_e = 0$ and hence $N_g = 0$ and $N_f = N$.
- Pumping dynamics. In the weak pump limit:

$$\frac{\Omega^2}{\gamma'} \ll \Gamma_{eg}, \Gamma_{ef} \quad (231)$$

N_e is low and at any time at a steady state value

$$N_e = \frac{\Omega^2/2\gamma'}{\Gamma_{eg} + \Gamma_{ef} + \Omega^2/2\gamma'} N_g \approx \frac{\Omega^2/2\gamma'}{\Gamma_{eg} + \Gamma_{ef}} N_g \quad (232)$$

$$\frac{dN_g}{dt} = -\Gamma_p N_g \quad (233)$$

where we define the optical pumping rate Γ_p by:

$$\Gamma_p = \frac{\Gamma_{ef}}{\Gamma_{eg} + \Gamma_{ef}} \frac{\Omega^2}{2\gamma'} \quad (234)$$

An exponential approach to the steady state.

Dark resonances and EIT

Dark states

Again Λ system with two resonant laser fields \mathbf{E}_1 and \mathbf{E}_2 separately coupled to the $|g\rangle \rightarrow |e\rangle$ and $|f\rangle \rightarrow |e\rangle$ transitions (selection rules make $|g\rangle$ impervious to E_2 and $|f\rangle$ to E_1). The total interaction Hamiltonian is $H_i = -\mathbf{d} \cdot (\mathbf{E}_1 + \mathbf{E}_2)$, where \mathbf{d} is the dipole operator (back to the basics). We set

$$d_{eg} = \langle e | \mathbf{d} \cdot \mathbf{E}_1 | g \rangle; \quad d_{ef} = \langle e | \mathbf{d} \cdot \mathbf{E}_2 | f \rangle \quad (235)$$

A state $|\Psi_-\rangle = c_g |g\rangle + c_f |f\rangle$ is decoupled from the lasers ($\langle e | H_i | \Psi_-\rangle = 0$) if $c_g d_{eg} + c_f d_{ef} = 0$ i.e.

$$c_g = \frac{d_{ef}}{d} \quad \text{and} \quad c_f = -\frac{d_{eg}}{d} \quad (236)$$

or

$$|\Psi_-\rangle = \frac{d_{ef}}{d} |g\rangle - \frac{d_{eg}}{d} |f\rangle \quad (237)$$

with

$$d = \sqrt{|d_{eg}|^2 + |d_{ef}|^2} \quad (238)$$

Dark resonances and EIT

Dark states

We have here written the states and the fields at a given time. This condition remains valid at all times if $|g\rangle$ and $|f\rangle$ are degenerate with lasers at resonance.

When $|g\rangle$ and $|f\rangle$ have different energies the dark state condition is maintained at any time if

$$|\Psi_{-}\rangle(t) = \frac{d_{ef}}{d} e^{-i\omega_1 t} e^{-i\omega_g t} |g\rangle - \frac{d_{eg}}{d} e^{-i\omega_2 t} e^{-i\omega_f t} |f\rangle \quad (239)$$

is, within a global phase, independent of time i.e; if $\omega_1 + \omega_g = \omega_2 + \omega_f$ or

$$\omega_1 - \omega_2 = \omega_{fg} , \quad (240)$$

if the difference of the fields frequencies is equal to the Bohr frequency between the two ground states. This is nothing but a Raman resonance condition.

The first evidence of dark resonances has been obtained in 1976 by Gozzini and his group in Pisa

Dark resonances and EIT

Dark states

The orthogonal state $|\Psi_+\rangle$ is maximally coupled to lasers:

$$|\Psi_+\rangle = \frac{d_{eg}^*}{d} |g\rangle + \frac{d_{ef}^*}{d} |f\rangle \quad (241)$$

In presence of relaxation (spontaneous emission), we have one ground state coupled to the laser and another uncoupled. This is again an optical pumping situation. After a few emission cycles, we unconditionnaly end up in the dark state $|\Psi_-\rangle$. Fluorescence stops.

Dark resonances and EIT

Electromagnetically induced transparency

Λ system, strong drive of $|f\rangle \rightarrow |e\rangle$ (E at frequency ω , Rabi frequency Ω), weak probe of $|g\rangle \rightarrow |e\rangle$ (E' , ω' , Ω'). Generalize OBES as:

$$\frac{d\rho_{ee}}{dt} = -(\Gamma_{ef} + \Gamma_{eg})\rho_{ee} - \Omega \text{Im} \rho_{ef} - \Omega' \text{Im} \rho_{eg} \quad (242)$$

$$\frac{d\rho_{ff}}{dt} = \Gamma_{ef}\rho_{ee} + \Omega \text{Im} \rho_{ef} \quad (243)$$

$$\frac{d\rho_{gg}}{dt} = \Gamma_{eg}\rho_{ee} + \Omega' \text{Im} \rho_{eg} \quad (244)$$

$$\frac{d\rho_{ef}}{dt} = -\frac{\Gamma_{ef}}{2}\rho_{ef} + i\frac{\Omega}{2}(\rho_{ee} - \rho_{ff}) + i\frac{\Omega'}{2}\rho_{gf} \quad (245)$$

$$\frac{d\rho_{eg}}{dt} = -\left(\frac{\Gamma_{eg}}{2} + i\Delta'\right)\rho_{eg} + i\frac{\Omega'}{2}(\rho_{gg} - \rho_{ee}) + i\frac{\Omega}{2}\rho_{fg} \quad (246)$$

$$\frac{d\rho_{gf}}{dt} = -i\Delta'\rho_{gf} + i\frac{\Omega}{2}\rho_{ge} - i\frac{\Omega'}{2}\rho_{ef} \quad (247)$$

Dark resonances and EIT

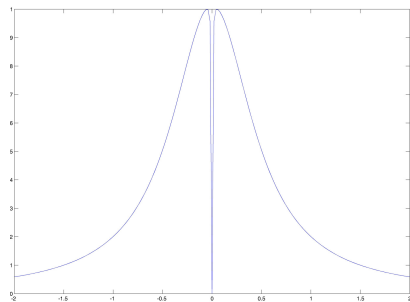
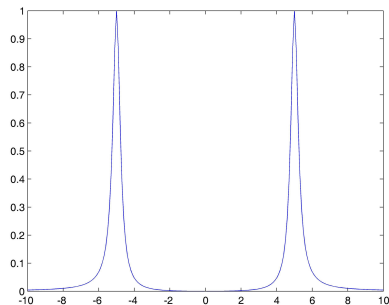
Electromagnetically induced transparency

Simplify with $\Gamma_{ef} = \Gamma_{eg} = \Gamma$ and extract absorption of weak probe (absorbed energy \mathcal{E}' , proportional to $\text{Im } \rho_{eg}$ in the steady state).

$$\mathcal{E}' \propto \frac{\Gamma^2 \Delta'^2}{\Gamma^2 \Delta'^2 + 4 (\Delta'^2 - \Omega^2/4)^2} \quad (248)$$

Dark resonances and EIT

Electromagnetically induced transparency



Absorption of the probe field as a function of the detuning Δ for $\Omega = 10\Gamma$ (left) or $\Omega = 0.1\Gamma$ (right). The unit of the horizontal axis is Γ .

Dark resonances and EIT

Electromagnetically induced transparency

Slow light. In the small Ω case, the absorption has a narrow dip at resonance, whose width is only limited by the Rabi frequency. In actual experiments, the width can be only a few kHz. Hence, the (at resonance) transparent medium has an index of refraction n for the weak probe field varying rapidly with the detuning Δ i.e. with ω' . Since

$$v_g = \frac{c}{n + \omega' \frac{dn}{d\omega'}} , \quad (249)$$

the light group velocity can be made very small, 17 m/s in the original paper by Lene Hau and her group (Nature, 397, 594).

Maxwell Bloch equations

Treat propagation in an atomic medium. Maxwell:

$$\nabla \times \mathbf{E} = -\frac{\partial \mathbf{B}}{\partial t} \quad (250)$$

$$\nabla \cdot \mathbf{D} = 0 \quad (251)$$

$$\nabla \cdot \mathbf{B} = 0 \quad (252)$$

$$\nabla \times \mathbf{B} = \mu_0 \epsilon_0 \frac{\partial \mathbf{E}}{\partial t} + \mu_0 \frac{\partial \mathbf{P}}{\partial t} \quad (253)$$

Hence, for a transverse wave

$$\Delta \mathbf{E} - \frac{1}{c^2} \frac{\partial^2 \mathbf{E}}{\partial t^2} = \mu_0 \frac{\partial^2 \mathbf{P}}{\partial t^2} \quad (254)$$

(note that we assume a low density and treat the macroscopic fields as being the local ones)

Maxwell-Bloch equations

Monochromatic plane wave in an isotropic medium

$$\mathbf{P} = P_0(z, t)e^{i(kz - \omega t)}\mathbf{u}_x \quad \text{and} \quad \mathbf{E} = E_0(z, t)e^{i(kz - \omega t)}\mathbf{u}_x \quad (255)$$

Hence, noting

$$\frac{\partial P_0}{\partial t} \ll \omega P_0 \quad (256)$$

and neglecting the proper time derivatives

$$\frac{\partial E_0}{\partial z} + \frac{1}{c} \frac{\partial E_0}{\partial t} = i \frac{\mu_0 \omega^2}{2k} P_0 \quad (257)$$

with

$$\mathbf{P}_0 = N\mathcal{D} = 2Nd\rho_{eg} \quad (258)$$

$$\frac{\partial E_0}{\partial z} + \frac{1}{c} \frac{\partial E_0}{\partial t} = i \frac{\omega Nd}{\epsilon_0 c} \rho_{eg} \quad (259)$$

Maxwell-Bloch equations

Pulse propagation

A simple application: propagation in a relaxation-free medium. Atoms described by the angle $\phi(z, t)$ of the Bloch vector with the vertical axis. Assuming real quantities

$$\frac{d\phi(z, t)}{dt} = \frac{dE_0(z, t)}{\hbar} = \Omega(z, t) \quad (260)$$

$$\rho_{eg} = -i \sin \frac{\phi}{2} \quad (261)$$

Hence

$$\frac{\partial^2 \phi}{\partial z \partial t} + \frac{1}{c} \frac{\partial^2 \phi}{\partial t^2} = -\mu \sin \phi \quad (262)$$

where

$$\mu = \frac{\omega N d^2}{2 \epsilon_0 \hbar c} \quad (263)$$

Maxwell-Bloch equations

Pulse propagation

Using as independent variables z and the 'retarded time' $\tau = t - z/c$:

$$\frac{\partial^2 \phi}{\partial z \partial \tau} - \mu \sin \phi \quad (264)$$

Sine-Gordon equation